

29 of March to 29 of June 2023 MC Brigitte will visit Europe and is giving several teachings and meditation courses. If you are interested to join a retreat , contacts are below.

### **MC BRIGITTES TOUR EUROPE 2023**

we. 29.3. flight bangkok – zurich  
we. 29.3. - sa. 1.4. zurich  
sa. 1. – we. 5.4. kallnach, biel  
we. 5. – th. 6.4. zürich  
th. 6. - mo. 10.4. retreat dicken, appenzell **contact**  
mo. 10. – su. 16.4. tyrol  
tu. 11.4. evening meditation zillertal **contact**  
we. 12. - fr. 14.4. retreat in schwaz, tyrol  
sa. 15.4. buddhist marriage ceremony in tyrol  
su. 16. – mo. 17.4. zurich  
mo. 17.4. - mo. 24.4. mallorca island  
fr. 21. – su. 23.4. retreat manacor, mallorca **contact**  
mo. 24. – fr. 28.4. zürich  
fr. 28.4. – tu. 2.5. bern, aleks  
tu. 2.- th. 5.5. bern, conny  
th. 5.5. – we. 10.5. zurich  
we. 10. - fr. 19.5. salzburg, austria  
su. 14.5. 9h – 17h retreat michi boudas group salzburg **contact**  
15. - 16.5. linz  
mo. 15.5. linz 15h - 18h meditation in linz **contact**  
tu. 16.5. 19h teaching at theravada salzburg  
fr. 19. – su. 21.5. graz  
su. 21. – tu. 23.5. vienna  
tu. 23.5. vienna – dobro kraskow palace, wroclaw, poland  
th. 25.5.- mo. 29.5. retreat „death and dying“ dobro kraskow palace, poland **contact**  
tu. 30.5. - mo. 5.6. munich  
sa. 3. - su. 4.6. retreat munich **contact**  
mo. 5. – mo. 12.6. hoffnungsthal  
sa. 10.6. teaching **aikido dojo** cologne  
mo. 12. – th. 15.6. frankfurt  
th. 15. – tu. 20.6. heckenbeck, bad gandersheim **contact**  
tu. 20. - sa. 23.6. ravensburg  
sa. 23 – we. 28.6. zurich  
we. 28.6. 13:10h flight zurich – bangkok  
th. 29.6. 10:20h arrival bangkok